



We prepare LOCAL, QUALITY & ORGANIC food that's made FRESH every single day. We ENSURE that you only get the BEST POSSIBLE INGREDIENTS, to foster HEALTH, WELLNESS & PEACE. We serve VEGAN FOOD that's TOP QUALITY, LOCALLY SOURCED, 100% ORGANIC & CRUELTY-FREE. TOGETHER, we build a STRONGER, more ethically ENGAGED & socially aware COMMUNITY.

## organic appetizers

bistro flatbread – sundried tomato pesto | marinated tomato & artichoke heart | mozzarella | spinach | caramelized onion *(available gluten-free)* 18



live rolls – rice paper | napa | daikon | cucumber | carrot | kimchi | bell pepper | beet | avocado | avocado lime crema | ginger tahini | lime *(gluten-free)* 12

share board – cheese assortment | spread assortment | pickled vegetable | olive | roasted garlic | crostini *(available gluten-free)* 19

phyllo-wrapped baked brie – nuts for cheese brie | onion jam | roasted red pepper jelly | crostini 17

wild mushroom duxelle – sautéed wild mushroom | white wine beurre blanc | feta | parsley | crostini *(available gluten-free)* 15

## organic soup and salads

dressings – citrus vinaigrette | blueberry balsamic | asian sesame vinaigrette | caesar

soup – ask server for details *(gluten-free)* 8

house salad – greens | cherry tomato | cucumber | carrot | onion | choice of dressing *(gluten-free)* 12

caesar salad – romaine | kale | parmesan | tempeh | crouton | caesar dressing *(available gluten-free)* 13

superfood salad – kale | spinach | seasonal berry | quinoa | sweet potato | beet | cucumber | marinated tomato | chia | flax | blueberry balsamic dressing *(gluten-free)* 16

## organic entrées



ravioli – ask server for details 21

bibimbap – zucchini | daikon | mushroom | carrot | broccoli | spinach | kimchi | tofu | coconut rice | spicy mushroom broth *(gluten-free)* 18

chickpea & mushroom burger – tzatziki | arugula | sautéed mushroom | feta | tomato | avocado bun | choice of caesar salad, house salad, or soup *(available gluten-free)* 18



enchiladas – tortilla | jackfruit | bell pepper | onion | zucchini | sweet potato | kale | black bean | mole | cashew crema | coconut rice *(available gluten-free)* 19

eggplant parmesan – crispy breaded eggplant | mozzarella | linguine | tomato sauce | onion | mushroom *(available gluten-free)* 19

buffalo caesar wrap – tortilla | crispy breaded tofu | buffalo sauce | romaine | kale | parmesan | tempeh | caesar dressing | potato wedge 17



sweet potato gnocchi – sage | roasted garlic | spinach | mushroom | spicy cashew | chili oil 17

we use organic and locally sourced ingredients as often as possible. please inform server of any allergies. all cheese products are nut- or seed-based. all wines are vqa approved. please drink responsibly. taxes are not included.